

Go Vegan pattern tutorial created by



Welcome to this tutorial to learn how to embroider the "Go Vegan" pattern. This is an advance embroidery pattern that includes several kinds of stitches. In this document you will find information about the materials, how to stitch and how to finish the hoop.

Happy stitching!

Miriam



Materials you will need:

- Hoop (Bamboo, plastic, wood) - diameter 21cm
- Cotton or linen fabric
- Embroidery floss *Mouliné* or other cotton threads (Pearl)
- Needles (recommended size 5 to 7)
- Scissors

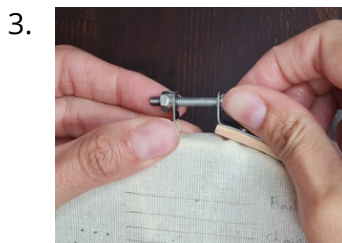


Colour palette

Unfortunately I cannot give you a precise colour guide because I mainly use thrifted threads for my work, which means that I often don't know the color code, or the thread brand no longer exists. I used the colours I had available that resemble the vegetables I was embroidering the most.

Instructions

1. First peel off the pattern and stick it to the fabric of your choice.
2. Then accommodate the fabric on the hoop.



Screw the frame nut.



Stretch the fabric and check the tension. It has to be tight like a drum.



Cut around 30 cm of thread (more or less arm's length) and separate 3 strands from the floss.



Thread the needle with three strands of floss and make a knot at the end.

Keep in touch on :



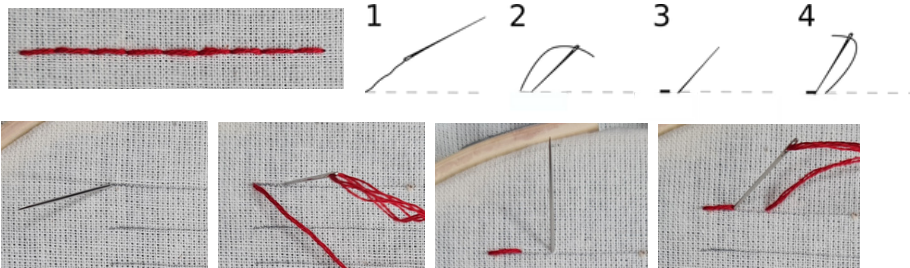
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Stitch guideline

Time to stitch! This pattern is made with a combination of several stitches: **backstitch**, used for the edges of some vegetables such as avocado and chard; **split stitch**, used to fill vegetables such as leeks, broccoli stalk and pak-choi; **thread-saving satin stitch** used to fill most of the vegetables, such as tomatoes, pumpkin, carrots, peppers, watermelon, oranges, etc.; **french knots**, used to make the cauliflower, broccoli and raspberries; and **leaf stitch** is used to make cauliflower leaves and chard. This is a guideline showing the methods I used to embroider this piece, but feel free to let your creativity flow and use other stitches :)

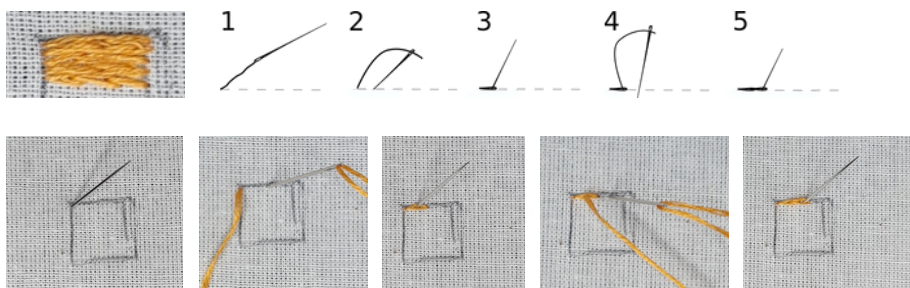
I mainly used three strands of embroidery floss.

Backstitch



Recommended length of stitch is 4-5mm in straight areas and 1-2mm in curve areas.

Split stitch

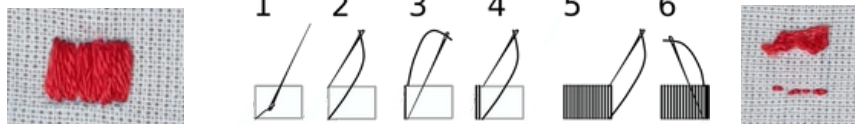


Recommended length of stitch is 1 cm

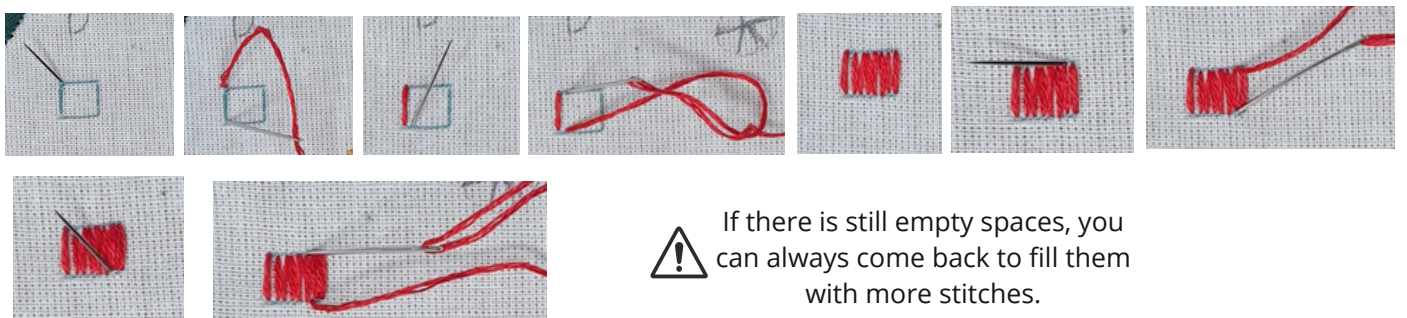


It is necessary to use Mouliné embroidery floss with at least 3 strands.

Thread saving satin



Detail of the back showing that less thread is used compared to satin stitch.

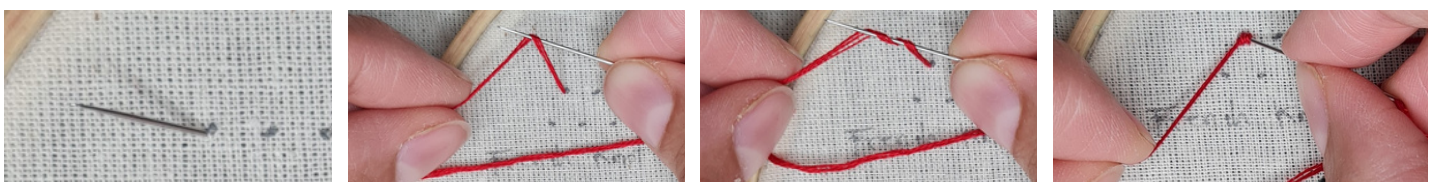


If there is still empty spaces, you can always come back to fill them with more stitches.

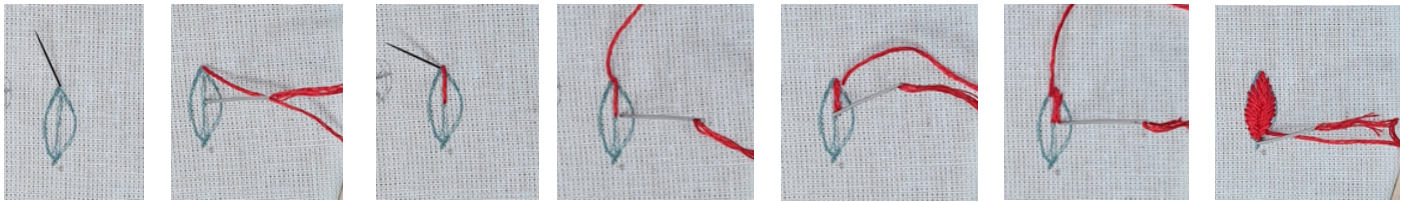
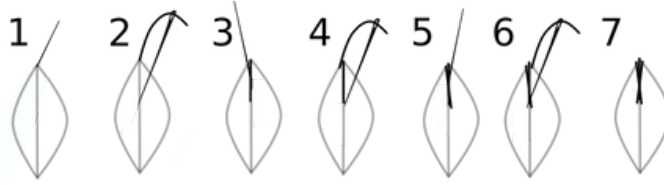
French knot



Do not hesitate to look for a video to learn this knot, it might help to understand



Leaf



Making knots

When you finish the thread, make a knot in the back and thread again a needle with 3 strands of floss to keep stitching.



Finishing up the embroidery :

Congratulations! You have finished the embroidery! I hope you enjoyed the process and are happy with the result. Just a few more steps and it will be ready to share and hang.

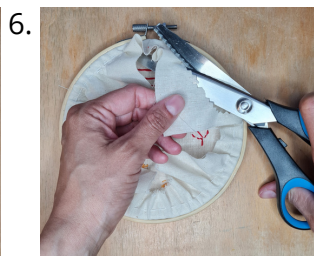
1. Unscrew the frame nut and remove the fabric.
2. Wash the fabric in cold water to dissolve the sticker.
3. Let dry out and insert back in the hoop.



Check the tension of the fabric and re-stretch if necessary.



(Optional) Sew at 1 cm from the hoop and gather the fabric.



Cut the excess fabric.



Finished back.
(Optional) You can cover the back with paper or felt.

TIPS:

- Check the tension of the fabric and re-stretch if necessary. A high tension will ensure a good stitch.
- Longer threads may cause tangle. Try to use shorter threads.
- I used 3 strands of floss, but you can try other quantities to play with textures.
- You can also back up your hoop with a fabric glue to secure the fabric on the inner hoop. Do not worry if you make mistakes, you can undo the embroidery and start over ;)
- Be patient and enjoy the process :)

Thank you!

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